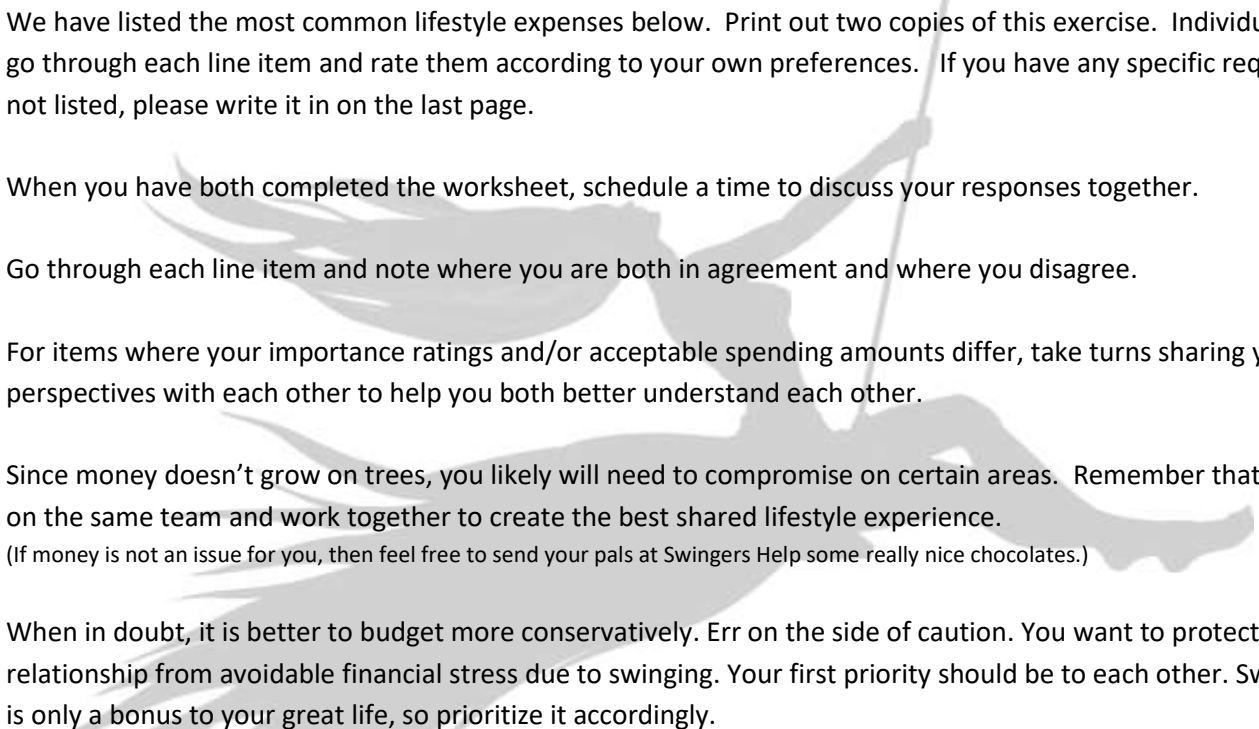


Swingers Help Budget Exercise

The swinging lifestyle can be truly amazing. But the price of all these incredible lifestyle experiences can lead to financial stress if you aren't careful with budgeting. We developed this exercise to help educate newer swingers on the many different ways they can end up spending money while swinging & to help veteran swingers regain control over their lifestyle spending habits.

Instructions

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- A) We have listed the most common lifestyle expenses below. Print out two copies of this exercise. Individually, go through each line item and rate them according to your own preferences. If you have any specific requests not listed, please write it in on the last page.
 - B) When you have both completed the worksheet, schedule a time to discuss your responses together.
 - C) Go through each line item and note where you are both in agreement and where you disagree.
 - D) For items where your importance ratings and/or acceptable spending amounts differ, take turns sharing your perspectives with each other to help you both better understand each other.
 - E) Since money doesn't grow on trees, you likely will need to compromise on certain areas. Remember that you're on the same team and work together to create the best shared lifestyle experience.
(If money is not an issue for you, then feel free to send your pals at Swingers Help some really nice chocolates.)
 - F) When in doubt, it is better to budget more conservatively. Err on the side of caution. You want to protect your relationship from avoidable financial stress due to swinging. Your first priority should be to each other. Swinging is only a bonus to your great life, so prioritize it accordingly.

PS. Thankfully you don't need to spend a huge amount of money to enjoy the swinging lifestyle. There are many sexy options for swingers on a budget. We also have many cost saving articles on SwingersHelp.com to enjoy the more luxurious sexy side without breaking the bank.

Swinger Budget Needs

		STRONG NEED	NEED	WANT	NOT NEEDED	AMOUNT
CONNECTING	CLUB FEES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
CONNECTING	SITE MEMBERSHIPS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
CONNECTING	SEPARATE PHONE LINE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
PREP	HAIR	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
PREP	NAILS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
PREP	INTIMATE GROOMING	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	HOSTING PARTIES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	DINNERS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	ALCOHOL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	CONDOMS/LUBE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	SEX TOYS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	BABYSITTING	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
DATES	PET SITTING	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
MEDICAL	STI TESTING/MEDICAL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
MEDICAL	ED PILLS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
MEDICAL	BIRTH CONTROL	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
TRAVEL	GAS MONEY	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
TRAVEL	HOTEL ROOMS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
TRAVEL	UBER/TAXIS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
TRAVEL	SWINGER VACATIONS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
WARDROBE	HIS WARDROBE/SHOES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
WARDROBE	HER WARDROBE/SHOES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
WARDROBE	COSTUMES	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
WARDROBE	LINGERIE	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____

Special Budget Requests

Please use this space to include any specific request(s) not already mentioned.

	STRONG NEED	NEED	WANT	NOT NEEDED	AMOUNT
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____
_____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	_____



Monthly Total _____

Yearly Total _____